



## Mattia Anzà

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Date of birth: 24/10/1990 | **Nationality:** Italian | **Gender:** Male |  
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via Milazzo 42, 21052, Busto Arsizio, Italy 20154, Milan, Italy

### ● WORK EXPERIENCE

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11/2014 – 04/2015

**INTERNSHIP** – EMERGENCY ROOM, OSPEDALE DI CIRCOLO E FONDAZIONE MACCHI

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via Francesco Guicciardini 9, 21100, Varese, Italy

10/2015 – 11/2015

**INTERNSHIP** – PNEUMOLOGY DEPARTMENT, OSPEDALE DI CIRCOLO E FONDAZIONE MACCHI

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via Francesco Guicciardini 9, 21100, Varese, Italy

03/2015 – 10/2016

**INTERNSHIP** – CARDIOLOGY DEPARTMENT, OSPEDALE DI CIRCOLO E FONDAZIONE MACCHI

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via Francesco Guicciardini 9, 21100, Varese, Italy

11/2015 – 05/2016

**INTERNSHIP** – ECHOCARDIOGRAPHY CLINIC, OSPEDALE SAN GIUSEPPE

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via San Vittore 12, 20123, Milan, Italy

05/2017 – 12/2017

**DOCTOR ON DUTY** – PNEUMOLOGY AND ORTHOPEDIC REHABILITATION, ISTITUTO SCIENTIFICO FONDAZIONE SALVATORE MAUGERI

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Tradate, Italy

06/2018 – 09/2018

**MEDICAL DOCTOR** – ECHOCARDIOGRAPHIC CLINIC, OSPEDALE SAN GIUSEPPE

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- Echocardiographic Training (supervisor: Prof. M. Lombardo)  
Milan, Italy

01/2019 – 03/2019

**MEDICAL DOCTOR** – POLICLINICO DI SAN DONATO MILANESE

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- Cardiopulmonary exercise test Training (supervisor: Prof. M. Guazzi)  
San Donato Milanese, Italy

07/2019 – 03/2020

## **MEDICAL DOCTOR – SPORT MEDICINE INSTITUTE, CONI**

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Via Piranesi 46, 20137, Milan, Italy

07/2019 – 06/2020 – Milan, Italy

**MEDICAL DOCTOR – ECHOCARDIOGRAPHIC AMBULATORY, OSPEDALE FATEBENEFRATELLI**

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01/03/2020 – 30/06/2020 – Rozzano, Milan, Italy

**MEDICAL DOCTOR – ORTHOPEDIC REHABILITATION, HUMANITAS RESEARCH HOSPITAL**

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Unit Director: Dott. Stefano Respizzi

01/07/2020 – 31/01/2021 – Milan, Italy

**MEDICAL DOCTOR – II ORTHOPEDIC CLINIC, ASST GAETANO PINI CTO**

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Unit Director: Prof. Matteo Maria Parrini

11/2018 – 30/06/2021

**DOCTOR OF F.C. INTERNAZIONALE MILAN YOUTH ACADEMY – CENTRO DI FORMAZIONE SUNING IN MEMORIA DI GIACINTO FACCHETTI**

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Milan, Italy

11/2019 – 31/01/2022

**MEDICAL DOCTOR – KNEE ORTHOPEDICS AND SPORTS TRAUMATOLOGY, ORTHO CENTER, HUMANITAS RESEARCH HOSPITAL**

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Unit Director: Prof. Piero Volpi

Via Manzoni 56, 20089, Rozzano (Milan), Italy

01/07/2021 – 31/12/2021 – Rome, Italy

**MEDICAL DOCTOR – SPORT MEDICINE INSTITUTE, CONI**

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- Sport Cardiology (Prof. Pelliccia)
- Muscle-Skeletal Ultrasound and Magnetic Resonance (Dr. Giuseppe Rossi)

01/12/2020 – CURRENT – Bologna, Italy

**TUTOR – ADVANCED ECOMSK SCHOOL**

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Director of the school: Prof. Stefano Galletti

01/07/2021 – CURRENT – Milan, Italy

**TEAM PHYSICIAN OF U19 F.C. INTERNAZIONALE MILAN – CENTRO DI FORMAZIONE SUNING IN MEMORIA DI GIACINTO FACCHETTI**

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## ● **EDUCATION AND TRAINING**

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2004 – 2009 – via Tommaso Grossi 3, Busto Arsizio, Italy

**SCIENTIFIC HIGH SCHOOL DIPLOMA – Arturo Tosi Scientific Lyceum**

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2011 – 2016 – Varese, Italy

**DOCTOR OF MEDICINE (M.D.)** – Insubria University of Varese

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Graduate thesis "Hemodynamic Mechanisms of Exercise-Induced Pulmonary Hypertension in Patients with Lymphangiomyomatosis: The Role of Exercise Stress Echocardiography"

Rapporteur: Prof. Jorge Salerno Uriarte; Co-Rapporteur: Dr. Massimo Baravelli

Marks: 110/110 cum laude

04/04/2017

**MEDICAL LICENSE TO PRACTICE** – Ordine Provinciale dei Medici Chirurghi e Odontoiatri di Varese

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Professional Registration (OMCeOVA): n. 7763

12/2017 – 12/2021 – Milan, Italy

**SPECIALIZATION IN EXERCISE AND SPORT MEDICINE** – University of Milan

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## ● **LANGUAGE SKILLS**

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Mother tongue(s): **ITALIAN**

Other language(s):

	<b>UNDERSTANDING</b>		<b>SPEAKING</b>		<b>WRITING</b>
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	B2	B2	B2	B2	B2
<b>SPANISH</b>	A2	A2	A2	A2	A1

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● **PUBLICATIONS**

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### **Publications**

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"Hemodynamic Mechanisms of Exercise-Induced Pulmonary Hypertension in Patients with Lymphangiomyomatosis: The Role of Exercise Stress Echocardiography" J Am Soc Echocardiogr. 2018 Aug;31(8):888-901. doi: 10.1016/j.echo.2018.02.004. Epub 2018 Mar 28.

**"Il mancato accorciamento dell'intervallo QT con rapidi aumenti di frequenza cardiaca aiuta davvero a diagnosticare la sindrome del QT lungo ?"** Giornale di Cardiologia dello Sport vol. 18 n. 2 - Luglio/Dicembre 2021

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2021

## ● CONFERENCES AND SEMINARS

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### Conferences

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- "Inter Medical Meeting: Ritorno allo sport dopo ricostruzione del LCA nel calciatore professionista", Executive Room San Siro Stadium, Milan (Italy), 23/03/2018;
- "Football Medicine Outcomes" XXVII Isokinetic Medical Group Conference, Camp Nou, Barcelona (Spain), 2-4/06/2018;
- "Interrelazioni tra sindrome metabolica e fragilità scheletrica: dalla ricerca di base alle problematiche cliniche", Istituto Auxologico Italiano, Milan (Italy), 11/10/2018;
- "Ormoni, Metabolismo e Sport", Auditorium Domus Mercatorum, Camera di Commercio, Verona (Italy), 26/10/2018;
- "International Combined Meeting ESSKA-EMA & SIGASCOT Masterclass in Sports Trauma", Palazzo Ducale, Genoa (Italy), 16-17/11/2018;
- "EuroEcho Imaging" ESC-EACVI, MiCo Milano Convention Centre, Milan (Italy), 5-8/12/2018;
- "Ortho Center Meeting Humanitas", Humanitas Congress Centre, Rozzano, Milan (Italy), 22-23/02/2019;
- "Shoulder Milan International Live Experience" Humanitas Congress Centre, Rozzano, Milan (Italy), 02/03/2019;
- "2° Inter Medical Meeting", Executive Room San Siro Stadium, Milan (Italy), 22/03/2019;
- "ARTHROMEETING: recupero funzionale nel ginocchio dello sportivo", Humanitas Congress Centre, Rozzano, Milan (Italy), 13/04/2019;
- "Football Medicine meets the Universe of Sport" XXVIII Isokinetic Medical Group Conference, Wembley Stadium, London (UK), 27-29/04/2019;
- "International Conference on Medicine and Science in Athletics", Aspire Academy Football High Performance Center, Doha (Qatar), 03-05/05/2019;
- "Il Test da Sforzo Cardiopolmonare (CPET): sempre più uno strumento clinico multidisciplinare", Centro Cardiologico Monzino IRCCS, Milan (Italy), 06-07/05/2019;
- "Barca Sport Nutrition Conference", Camp Nou, Barcelona (Spain), 09/10/2019;
- "Novità in cardiologia dello sport: profili di rischio dell'atleta", Legnaro (Padua), 30/11/2019;
- "EAPC Webinar: How to read an athlete's ECG", 18 May 2020;
- "20° Congresso Nazionale SIC Sport", San Daniele del Friuli, 16-18/09/2021;
- "IOC WORLD CONFERENCE ON PREVENTION OF INJURY & ILLNESS IN SPORT", Monaco, 25-27/11/2021.

## ● MEDICAL SOCIETY MEMBERSHIPS

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### Medical Society Memberships

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- Società Italiana Ecocardiografia e CardioVascular Imaging (SIECVI);
- Società Italiana Cardiologia dello Sport (SIC Sport);
- Federazione Medico Sportiva Italiana (FMSI);
- Società Italiana Ultrasonologia in Medicina e Biologia (SIUMB).

## ● CERTIFICATIONS

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### Certifications

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- FIFA Diploma in Football Medicine (03/02/2020)
- Italian Certification of Cardiovascular Echography (SIECVI), 24/01/2020
- Certificate of Approval in Lower Limb Tendinopathy, FC Barcelona, 09/2020
- National Certification in Muscle-skeletal Ultrasound (SIUMB), 10/11/2020
- Certificate of Approval in Team Physician Course, FC Barcelona, 12/2020
- Certificate of Approval in Physiotherapy and Readaptation for Muscle Injuries in Football, FC Barcelona, 12/2020
- Italian Certification in Shockwave Therapy (SITOD), 25/09/2021